1. **Give Me A Break; Take Four**  
   Alatista, Megan; Toyota, Mica; Wilson, Alison; University of Washington Medical Center, Seattle, WA

2. **Restorative Break Project**  
   Johnson, L.; Kim, Q.; Watkinson, E.; Swedish Medical Center, Seattle, WA

3. **Enhancing Self-Compassion—Using Skilled Self-Talk in Critical Care Orientation**  
   Cockerham, Marie; Davidson, Lindsay; University of Washington Medical Center, Seattle, WA

4. **Applying Mindfulness Training as a Toolkit for Moral Distress; A Nursing Education Intervention**  
   Wood, Desiree; Hutchinson, Melissa; Gyarmati, Dora; VA Puget Sound Healthcare System, Seattle, WA

5. **Reducing Workplace Violence through Collaborative Care Planning Conversations**  
   Springer, Gale; Providence Regional Medical Center Everett; Everett, WA

6. **One Step Closer to Team Nursing: Strengthening Nurse to Nurse-Assistant Communication on a Medical-Surgical Unit**  
   Chelberg, Kennedy; Ramos, Jan; Harborview Medical Center; Seattle, WA

7. **The Use of the IPASS Handoff Communication Tool to Increase Nursing Satisfaction During Handoff on a Burn/Pediatric Unit**  
   Caceres, Maria; D’Aniello, Juli; Lerew, Tara; Harborview Medical Center; Seattle, WA

8. **Cultivating a Shared Team Culture of Begin Shift Huddle in a Medical-Surgical Unit**  
   Santos, Teresita; Husser, Monica; Klinger, Jenny; Miller, Melissa; Navarro, Julie, Reicks, Kassey; Spacciate, Leah; Shanks, Cheryl; Sort, Carmen; University of Washington Medical Center; Seattle, WA

9. **Why Choosing to Use Three Secret Elements of Communication for Workplace Communication is Priceless**  
   Callaghan, Veronica; Veterans Health Administration; Seattle, WA

10. **Improving Communication and Engagement Between Researchers and Nurses Caring for Study Participants in Acute Care Settings**  
    Huffaker, Shannon; Valley Medical Center; Renton, WA

11. **Interdisciplinary Rounding on Inpatient Nursing Units in a Military Teaching Facility**  
    Gaoaen, Kelsey; Ross, Ashley; Madigan Army Medical Center; Tacoma, WA

12. **Safety in Communication: Selecting a Standardized Nurse-to-Nurse Handoff Communication Tool**  
    BuKames, J.; Khan, A.; Nelson, J.; Snyder-Paulino, S.; Harborview Medical Center; Seattle, WA
13. Improving Bedside Report in the ICU Using Shared Governance Structure
Sutanthavibul, Parisa; Cockerham, Marie; Almachar, Marites; Solvang, Nicole; University of Washington Medical Center; Seattle, WA

14. Incorporating an Escape Room into a Nursing Skills Fair to Facilitate Active Learning
Hodge, Nancy; Madigan Army Medical Center; Tacoma, WA

15. Stayin' Alive: A Staff Nurse-Led Program to Improve BLS/AED Skills on Night Shift
Rodriquez, Michelle; Crook, Cody; Jewell, Pam; Likins, Heather; Virginia Mason Medical Center; Seattle, WA

16. Improving Nurse Isolation Education Competency and Confidence
Scheller, Lindsey; Brown, Alexis; Peterson, Kalle; Fox, Olivia; Stafford, Laura; Bennett, Nadine; Frisholz, Lauren; Aguilar, Genevieve; Seattle Children’s Hospital; Seattle, WA

17. Making a Difference with Medical Surgical Certification Review Courses
Beginski, Patricia; Providence Regional Medical Center Everett; Everett, WA

Watson, Yelena; Harrison Medical Center; Bremerton, WA

19. Improving Central Line Maintenance in a Cardiac ICU through 1-on-1 Education: A Quality Improvement Project
Duona, Terrance; Quick, Chandler; St. Joseph Medical Center; Tacoma, WA; University of Virginia Medical Center; Charlottesville, VA

20. Standardizing Pre-Operative Education: The Surgical Passport
Reinhardt, Jennifer Marie; Collier, Emery Ann; Madigan Army Medical Center; Tacoma, WA

21. Enhancing Patient Management of Heart Failure Using Teach-Back Method
Nelson, N.; Chavez, M.; Morgan, L.; Madigan Army Medical Center; Tacoma, WA

22. Improving Nursing Engagement through Volunteer Service
Bailey, Anne; Hadfield, Hannah; Rainey, Wendy; Swedish Medical Center; Issaquah, WA

23. Prevalence of Sexually Transmitted Infections in Rural Mayan Villages in Guatemala
Stecher, Heidi; Smith, Lauren; Carrick, Ronald; Ezeonwu, Mabel; Seattle Cancer Care Alliance; Seattle, WA

24. A Nursing Retention Strategy: The International Nursing Program (INP)
Golden, Lia; University of Washington Medical Center; Seattle, WA

25. Open Space, Thin Blankets, and Snores: An Examination of Sleep in Young Adults Experiencing Homelessness
Moore, Claire, VA Puget Sound Medical Center; Seattle, WA

26. Nursing Leadership Fellowship
Russell, Melissa; Seattle Children’s Hospital; Seattle, WA
27. WITHDRAWN

28. An Evidence-Based Practice Committee: Roadmap to Staff Engagement in Improving Practice
Kazmier, Elizabeth; Poppe, Anne; VA Puget Sound Healthcare System; Seattle, WA

29. Enhancing Patient and Staff Experience with Patient-Centered Leader Rounding
Rivera, Jonabeth; Rea, Jessica; Hernandez, Ronald; Madigan Army Medical Center; Tacoma, WA

30. Decreasing Admission Time from ED to a Medical-Surgical Unit
van Winkle, Teresa; White, Suzanne; Northwest Hospital Medical Center; Seattle, WA

31. Quest for 150: A Community Hospital’s Throughput Initiative to Reduce Door to Discharge
Yabut, Marie; Shipley, Eric; Overlake Hospital Medical Center; Bellevue, WA

32. Designated Discharge Resource RN Expedites Discharge and Significantly Improves Flow at Unit Level
Fisher, Gracie; Kuriel, Jee; Jensen, Amanda; Seattle Children’s Hospital; Seattle, WA

33. Implementing a Hazardous Drug Program that Eliminates Practice Gaps to Meet Rule USP <800>
Blake; Kelley; Valley Medical Center; Renton, WA

34. Effects of Admission/Transfers on Patient Safety During Shift Change
Campos, Lisa; Downs, Peggy, Carlson, Christy; Arita, Kariann; Dominy, Betty; UW Northwest Hospital Medical Center; Seattle, WA

35. Facilitating a Smoother Transition for the Patient to the Ambulatory Setting, Through an Improved Discharge Plan
Gurnsey, Michele; Hayden, Kathleen; Castine, Linda; Cannon, Mechelle; Nakamura, Lois; Macareg, Chantell; Buchmeier, Rosemary; Harris, Melissa; Harborview Medical Center; Seattle, WA

36. Poster - Children’s Hospital - Title / Authors not available at this time.

37. Contributing Factors Leading to Uninitiated Anticoagulation Power Plans
Clinical Informatics Local Practice Council at UWMC; Schom, Melissa; Wiederhold, Marion; Powers, Nancy; Hays-Gallego, Michael; Roston, Linda; Spearman, Molly; Kruger, Katie; Miura, Manada; Gum, Andrea; Minson, Aries; Bridges, Blair; Rucker, Elizabeth; Clemens, Eric; Ngo, Evan; Caron, Linda; Holznecht, Matthew; Del Bene, Shenri; Maroneck, Jennifer; Scheltinga, Kate; University of Washington Medical Center; Seattle, WA

38. The Trifects of Tele-Critical Care: Intra-Hospital, Operational and Mass Casualty Application
Ieronimakis, Kristina; Griffith, Mark; Colombo, Christopher; Davis, Konrad; Pamplin, Jeremy; Madigan Army Medical Center, Tacoma, WA
39. Consolidation of Instrument Sets Based on Usage
   Havens, Jessica; Seattle Children's Hospital; Seattle, WA

40. It's Our Light; Implementing a Call Light Response Bundle
   Butler, E.; Brown, S.; Camey, M.; Cullen, K.; Esonu, N.; Gogna, N.; Miller, D.; University of Washington Medical Center; Seattle, WA

41. Reduction of Staff Injuries by Increasing Compliance with Safe Patient Handling and Mobility Equipment
   Rivera, Lisa; McNabb, Laurie; Barton, Rebecca; Robertson, Catherine; Le, Melissa; Mears, Trevor; Harborview Medical Center; Seattle, WA

42. A Challenge to Reshape Caring Practices
   Nye, Alecia; Swedish Medical Center; Seattle, WA

43. From Curiosity to Transformation: How Swedish is Improving Hyperkalemia Safety
   Wu, Brandon; Swedish Medical Center; Seattle, WA
44. **White Noise: Improving Sleep and Supporting Recovery**
Newsome, Caitlyn; Singh, Amrit; Harborview Medical Center; Seattle, WA

45. **Impact of Sleep Hygiene Protocol Implementation on Rates of Delirium in a Medical Intensive Care Unit**
Courtenay, Tracy; Providence Regional Medical Center; Everett, WA

46. **Empowering Co-Chairs of the University of Washington Medical Center’s (UWMC) Practice Councils through a Proposed Professional Development Pathway**
Almachar, Marites; Suthanthavibul, Parisa; University of Washington Medical Center; Seattle, WA (previously listed as #27)

47. **Reach for the Summit: St. Anthony Hospital’s Pathway to Excellence Journey**
Daily, S., Niven, S., Poore, B., Stitz, K., CHI Franciscan St. Anthony Hospital, Gig Harbor, WA

48. **Initiation of an Enhanced Nurse-Driven Protocol to Prevent Catheter-Associated Urinary Tract Infection**
Andrews, Elizabeth M.; Fonseca, Sara; Taylor, Whistine; Price, Megan; Makarewicz, Vanessa; Tiffany, Megan; Harborview Medical Center; Seattle, WA

49. **CLABSI Rangers: A Team Approach to Extinguishing CLABSI**
Bartlett, Christine; Bowman, Alisa; Gattis, Sarah; Hartmann, Staci; LeSage, Eddie; Mosher, Heidi; Pickett, Joya; Potts, Sarah; Swedish Medical Center; Seattle, WA

50. **Predicting Risk of Falls in a Busy Level 1 Trauma Center Emergency Department**
Johnson, Kl; Rice, E.; Kim, El; Early, J.; Harborview Medical Center; Seattle, WA

51. **Springing into Action: A Nurse Driven Initiative to Prevent Falls on a Medical-Surgical/Telemetry Unit**
Oosterwyk, Rebecca; Gomez, Betty; Rice, Stephanie; Whiting, Mark; Williams, Chase; Harborview Medical Center; Seattle, WA

52. **Infant Fall Prevention**
Roehrig, Nicole; Jensen, Kristin; Truong, Caroline; Swedish Medical Center; Seattle, WA

53. **Itch Management Methods in Acute Burn Patients**
King, Rachel; Gerard, Alina; Harborview Medical Center; Seattle, WA

54. **An Evidence Based Review Comparing Safety and Efficacy of 0.9% Sodium Chloride and Heparin Central Venous Catheter Locks**
Bonney, Andria; Lambka, Karen; Seattle, Children’s Hospital; Seattle, WA
56. Combatting Alarm Fatigue One Electrode at a Time: Implementing Best Practice Electrode Placement in a Long-Term Acute Care Hospital
   Rogers, Jonna; Landers, Matthew; Sifri, Christi; Regional Hospital; Burien, WA

57. Developing an Instrument to Assess Clinical Stability and Predictability within Nurse Delegation
   Hardman, Jordan; Cochrane, Barbara; Valley Medical Center; Renton, WA

58. Care of the Behavioral Health Patient Detained Under the Involuntary Treatment Act (ITA)
   Almgren, Amanda; Lorentz, Natasza; Virginia Mason Medical Center; Seattle, WA

59. Identifying Delirium Risk Through the Implementation of a Delirium Prediction Tool
   Rapp, Teodora; University of Washington Medical Center; Seattle, WA

60. Ileostomy Contact Dermatitis; Healing Peristomal Skin using an Acrylate-Based Skin Protectant
   Wall, Bonnie; University of Washington Medical Center; Seattle, WA

61. Nursing Implications for the Care of Colorectal Surgical Patients on an ERAS Care Pathway
   Berg, Pat; Bomstedt, Kathleen; Bums, Tabitha; Jimenez, Jonathan; Haebe, Ashtyn; Martinson, Wendy; Woody, Morgan; University of Washington Medical Center; Seattle, WA

62. Our Three Year Journey in Inpatient Glycemic Improvement
   Harris, Karen; Swedish Medical Center; Seattle, WA

63. Hyperglycemia Management to Prevent Surgical Site Infections in Adult Post-operative Orthopedic Patients
   Weiss, Shelly; Nye, Alecia; Swedish Medical Center; Seattle, WA

64. Getting the Right Point for Non-Pregnant Adults Living with Diabetes
   Castine, Linda; Harborview Medical Center; Seattle, WA

65. A Multidisciplinary Approach to a Back Breaking Problem in Interventional Cardiology
   Hansen, S.; Wang, F.; Krishnan, S.; University of Washington Medical Center; Seattle, WA

66. Engaging Registered Nurses in Back Breaking Research to Improve Patient Care
   Abbott, Shannon; Berquis, Brittany; Billman, Jamie; Bums, Jennifer; Kim, Deborah; Loechl, Alison; Speckhardt, Erika; Wirt, Ashleigh; Zajac, Emily; University of Washington Medical Center; Seattle, WA

67. The First Cut is the Deepest: Managing Post-Operative Pain
   Welsh, Erin; Carpenter, S.; Heng, J.; Lucido, C.; Martin-William, B.; Warren, J.; Harborview Medical Center; Seattle, WA

Comfort Menu: A Fact Sheet for Providing Patients with Non-Pharmaceutical Therapies for
68. Managing Pain and Anxiety
Miranda, Karla; Valley Medical Center; Renton, WA

69. Enhancing End-Of-Life Care Practices for Foster Healthy Grieving for Families and Staff
Ieronimakis, Kristina; Gowenlock, Linda; Ziegler, Mary; Madigan Army Medical Center; Tacoma, WA

70. Palliative Care Support Screen for Oncology Patients
Shalom, Edit; Meserve, Kellie; Wilwig, Kari; Virginia Mason Medical Center; Seattle, WA

71. Surviving Sepsis: Code Sepsis in the Emergency Department
Skelton, Elizabeth; Siegel, Nicole; Gordonier, Christin; Arevalo, Amadae; Kelly, Mary Jo; Quinnan-Hostein, Laura; UW Northwest Hospital and Medical Center; Seattle, WA

72. Reduction in time from triage to antibiotic administration for patients diagnosed with Sepsis, Severe Sepsis or Septic Shock
Morris, Melissa; Unterbrink; Susan; Harrison Medical Center; Silverdale, WA

73. Assessing Nursing Perception of Patient Rest During Unit-Wide Quiet Time
Cunningham; Emma; Courtney, Manada; Newman, Meagan; Canaria, Aileen; Seattle Children’s Hospital; Seattle, WA

74. Sleep Matters: Quiet Time on a Pediatric Unit
Raney, Elena; Nelson, Iris; Seattle Children’s Hospital; Seattle, WA

75. Improving Pediatric Readiness for Gastrostomy Placement Through Caregiver’s Pre-Consult Involvement
Albin, Dawn; McCormick, Christa; Seattle Children’s Hospital; Seattle, WA

76. Optimizing Pediatric Play Interventions for Invasive Procedures
Oh, Klara; Tallungan, Caitlin; Allais, Lindsey; Harborview Medical Center; Seattle, WA

Davidson, Lisa; Bridges, Elizabeth; Utamachitt, Rich; Carlsle, Magean; Avaiusini, Lori; Airlift Northwest & Mary Bridge Hospital

78. Daily Enemas for Pediatric Bowel Management: Adherence and Problems
Mantel, C.; Thomas, K.; Carlin, K.; Seattle Children’s Hospital; Seattle, WA

79. Kangaroo Kingdom: A Skin-to-Skin Initiative to Reduce Neonatal Pain and Withdrawal
Li, Patricia; Swedish Medical Center; Seattle, WA

80. Pedialyte™, Bright Lights, and End of Life: Improving Clinical Effectiveness for Pediatric Patients
Ringer, C.; Popalisky, J.; Simmons, K.; Seattle Children’s Hospital; Seattle, WA

81. The Impact of Perinatal Grief Intensity on Long-Term Health and Wellness
82. **Adapting the Care of Pediatric Patients with Autism Spectrum Disorder Through the Use of an Assessment Tool**
   Harrington, Melissa; Busz, Erika; Seattle Children’s Hospital

83. **Quest for Quality - A Preoccupation with Failure**
   Paquet, Renee; Ehoff, Anna; Okimoto, Jennifer; Babcock, Ariel; University of Washington Medical Center; Seattle, WA

84. **The Development and Implementation of a Multidisciplinary Code Blue Committee at a Long-Term Acute Care Hospital**
   Clements, Rebecca; Rogers, Jonna; Sifri, Christi; Gifford, Linda; Sunar, Maritess; Regional Hospital; Burien, WA

86. **Translating Stroke Patient Identified Self-Management Plans into Practice**
   Domingo, Patrianne; Eddington Alden, Erin; Caldejon, Shelly; UW Medicine Valley Medical Center; Renton, WA
MORNING Poster Session

**WITHDRAWN** - Moving Evidence into Practice: Implementing Nurse-Led Support Using Patient-Centered Symptom Guides - WITHDRAWN
Houk, Karla; Buckhalter, Jennifer; Harper, Angela; Staudenraus, Jennifer; Butler, Denise; Davis, Andra; Lower Columbia Cancer Center St. John’s Peace Health; Longview, WA

**WITHDRAWN** - Evaluating Bundle Adherence in Ventilated Patients: A Quality Improvement Project
Webb, Melanie; Iverson, Lindsay; Providence St. Peter’s Hospital; Olympia, WA - WITHDRAWN

**WITHDRAWN** - Sharing a Model for Perioperative Bladder Management and CAUTI Prevention
Bunikis, M., Clark, J., Guren, D., Gore, J., University of Washington Medical Center, Seattle, WA
WITHDRAWN