Plunge Into Publishing
As a Nurse Practitioner
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Barriers for Clinicians at the Bedside

- Clinical hours consume majority of time
- Lack of mentors in the clinical setting
- When was the last time you wrote a paper?
- I've never done this before!

Where to Start?

- You have an idea!
- Bedside work
- Experience
- An unmet need or gap in care
Neonatal Therapeutic Hypothermia

- The beginning of my publication journey
- Assisted in developing a Neonatal Therapeutic Hypothermia Protocol, Policy and Procedure, and Implementation Plan and Education at a community hospital
- Standard of care included the use of aEEG
- My idea.....!

My IDEA

- No published articles for nurse education on use of aEEG during therapeutic hypothermia
- NURSE EDUCATION
  - I developed an educational program and novel teaching tool to assist the bedside nurse when using aEEG during therapeutic hypothermia
  - NOW WHAT?!

Transforming Idea into Written Work

- Mentor, mentor, mentor!
- document, document, document
  - articles used, progress, plan, implementation, what worked, what didn’t
- Follow Mary’s advice
Publishing: Through my Eyes

- SCARY... Only at first
- The process
- Resubmitting
- ACCEPTANCE!